

Abstract

The purpose of this study was to examine how attachment level, self-esteem and investment size were related to the friendship quality with former romantic partners after breakup. A total of 150 participants (82 males; 68 females) between age 19-35, with at least one involvement in heterosexual romantic relationship and one breakup experience were conveniently recruited to participate in the study. Correlation analysis showed that attachment level was negatively correlated with investment size and post-breakup friendship quality, whereas investment size was positively associated with friendship quality with former romantic partners. Regression analysis revealed that investment size significantly mediated the relationship between attachment level and post-breakup friendship quality. Significant age, gender and marital status differences in post-breakup friendship quality were also found. Implications of these findings and directions for future studies are discussed.